

DevObsessed

ENGAGEMENT OVERVIEW

# Supervised Slingshot

## AI-Assisted Software Development

A structured approach to transforming how teams build software with AI

5

Week Engagement

5

Structured Phases

3

Client Maturity Tracks

100%

Team Coverage

This engagement introduces **Supervised Slingshot**, our structured approach to AI-assisted software development. The goal is to train a cross-functional product team on AI-native development practices, build foundational artifacts and workflows, and create repeatable patterns that can scale across enterprise teams.

This is a behavioral and process shift—anchored in real team workflows, coaching, and iterative adoption.

### Train & Coach

Hands-on workshops, 1:1 coaching, and adaptive curriculum tailored to each team member's adoption stage.

### Build & Integrate

Co-create foundational artifacts, establish AI-native rituals, and embed tooling into daily workflows.

### Scale & Sustain

Identify champions, build internal training capacity, and create repeatable patterns across the organization.

## THE APPROACH

# Engagement Phases

## Tailored to Client Maturity

**Level 1** New to AI — foundational introduction and mindset shift

**Level 2** Somewhat enabled — need structured power-up and depth

**Level 3** Enabled but siloed — need workflow expansion beyond dev teams

### 01

#### Discovery & Onboarding

- Meet selected product team, PM, QA, and leadership
- Assess tools, environments, and delivery process
- One-on-one AI familiarity and readiness interviews
- Introduce AI adoption psychology and cultural baseline

### 02

#### Training & Context

- Prompting, LLM workflows, Cursor, and MCP tools
- Meeting transcription workflows for knowledge capture
- Rituals and rules for AI-integrated work
- Define shared context: PRD goals, roles, checkpoints

### 03

#### Slingshot Kickoff

- Mob elaboration sessions for PRD and architecture
- Standardized stack selection and “Perfect 10%” build
- GitHub/ADO MCP setup and work item mapping
- Plugin Marketplace: shared prompts, rules, and plugins

### 04

#### Execution & Reinforcement

- Solo AI-assisted development using established rituals
- One-on-one coaching to refine prompting and unblock challenges
- Iterate on story templates, PRD quality, and code reviews
- AI-driven PR feedback via CodeRabbit or equivalent
- Monitor developer progression through adoption stages

### 05

#### Maintenance & Scaling

- Bug tracking, error-handling, and tech debt rituals
- QA and PM transcription and MCP workflow reinforcement
- Self-paced LMS modules for ongoing team training
- Identify AI Champions and internal trainers
- Expand Plugin Marketplace adoption across teams

## THE METHODOLOGY

## Mob Elaboration &amp; Planning

Our planning methodology is a core differentiator. Rather than siloed planning that produces incomplete artifacts, we use mob elaboration—bringing the full cross-functional team together with AI as an active participant to co-create every planning artifact.

<b>1</b>	<b>3×</b>	<b>100%</b>
Session to produce what traditionally takes weeks	Higher artifact quality vs. siloed planning	Team alignment from day one

Planning phases progress deliberately: **high-level PRD** → **architecture decisions** → **epic decomposition** → **detailed story writing**

Each phase builds shared understanding across the team, reducing rework and producing higher-quality artifacts than any individual contributor could alone. AI tools are integrated into every planning step—not as an afterthought, but as a core participant in the elaboration process.

## AI ADOPTION STAGES

We assess and coach each team member through five adoption stages:

**Denial**

*"This won't work for us"*

**Resistance**

*"I'll try but I'm skeptical"*

**Exploration**

*"Show me what's possible"*

**Commitment**

*"I'm changing how I work"*

**Integration**

*"I can't imagine going back"*

## Why This Works

The 2025 DORA report confirmed that AI tools boost individual metrics but organizational delivery stays flat without deliberate change management. Mob elaboration solves this by ensuring every team member builds shared context simultaneously—eliminating the handoff gaps, misaligned assumptions, and rework that plague traditional planning.

The difference between a team that has AI tools and a team that works differently because of them isn't the tools. It's the structure around them—the measurement, the coaching, the adaptive curriculum, and the deliberate methodology transfer.

## CONTINUOUS MEASUREMENT

Every participant is evaluated across six dimensions throughout the engagement. These are weekly signal checks that inform curriculum decisions in real time.

Engagement

Comprehension

Tool Proficiency

Initiative

Collaboration

Adaptability

## THE DELIVERABLES

# What You Walk Away With

**Architecture & Planning Artifacts**

PRDs, architecture docs, user stories, and MCP setup—all co-created through mob elaboration.

**Plugin Marketplace**

Shared plugins, rules engines, and team-curated prompt libraries with governance for approval and distribution.

**Prompt Libraries & Cheat Sheets**

Role-specific toolkits for developers, PMs, and QAs—calibrated to your stack and workflow.

**AI-Enabled Rituals**

Prompt workflow creation, rule approval processes, and PR review patterns embedded in daily practice.

**Workflow Audit & Roadmap**

Functional workflow audit report with AI ops roadmap for continued transformation.

**Knowledge Base**

Transcribed decisions, rationale, and institutional knowledge captured throughout the engagement.

**Adoption Assessments**

Developer adoption stage evaluations and progression reports for every team member.

**Planning Methodology Docs**

Mob elaboration playbook and planning phase documentation for internal reuse.

**Executive Enablement**

AI Ops oversight training for leadership—equipping executives with the context and frameworks to guide AI-native transformation.

**LMS Training Modules**

Self-paced learning modules for future team onboarding and continued skill development.

## THE TIMELINE

## Estimated Duration

Timeline will vary depending on team size, greenfield vs. brownfield complexity, and readiness level. The full project length will be determined based on the scope of the project we will be working on while integrating the above processes.

**5**

Week Core Engagement

**TBD**

Extended Project Scope

**Week 1**Discovery &  
Onboarding**Week 2**

Training &amp; Context

**Week 3**

Slingshot Kickoff

**Week 4**Execution &  
Reinforcement**Week 5**

Maintenance &amp; Scaling

### What Happens After Week 5?

The core 5-week engagement establishes the foundation. Extended project scope—including continued co-development, advanced workflow integration, and cross-team scaling—is scoped based on the complexity and ambition of your specific initiative.

**DevObsessed**  
[devobsessed.com](https://devobsessed.com)